**What is claimed is:**

1. A system for stabilizing a spine, comprising:

a first threaded member configured to couple to a first bone during use;

a second threaded member configured to couple to a second bone during use;

a first flexible member configured to couple to the first threaded member during use;

a second flexible member configured to couple to the second threaded member during use; and

wherein the first flexible member and the second flexible member are guides for positioning a coupling mechanism at a desired position relative to the first threaded member and the second threaded member.

2. The system of claim 1, further comprising the coupling mechanism, wherein the coupling mechanism is configured to couple the first threaded member to the second threaded member during use.

3. The system of claim 1, further comprising the coupling mechanism, wherein the coupling mechanism is positionable using the first flexible member and the second flexible member during use, and wherein the coupling mechanism is configured to couple the first threaded member to the second threaded member during use.

4. The system of claim 1, further comprising the coupling mechanism, wherein the coupling mechanism comprises:

a first ring configured to engage a portion of the first threaded member during use; and

a second ring configured to engage a portion of the second threaded member during use.

5. The system of claim 1, further comprising the coupling mechanism, wherein the coupling mechanism comprises a ring configured to engage a portion of the first threaded member or the second threaded member during use.

6. The system of claim 1, further comprising the coupling mechanism, wherein the coupling mechanism comprises:

a first ring comprising protrusions configured to engage protrusions on a head of the first threaded member during use; and

a second ring comprising protrusions configured to engage protrusions on a head of the second threaded member during use.

7. The system of claim 1, further comprising the coupling mechanism, wherein the coupling mechanism comprises:

a first connector configured to engage the first threaded member positioned in bone;

a second connector configured to engage the second threaded member positioned in bone; and

an elongated section configured to couple the first connector to the second connector.

8. A system for stabilizing a spine, comprising:

a first threaded member configured to couple to a first vertebra during use;

a second threaded member configured to couple to a second vertebra during use; and

a coupling mechanism comprising:

a first connector configured to engage a portion of the first threaded member during use;

a second connector configured to engage a portion of the second threaded member during use; and

an elongated member configured to couple to the first connector and the second connector such that the first vertebra is coupled to the second vertebra; and

wherein at least one of the threaded members comprises an inner conduit configured to couple to a flexible member during use.

9. The system of claim 8, further comprising one or more guiding mechanisms configured to position the coupling mechanism proximate the first threaded member and the second threaded member through an opening in soft tissue during use.

10. The system of claim 8, wherein at least one of the connectors comprises a curvate wall to engage a portion of a ring during use.

11. The system of claim 8, wherein the first threaded member comprises a threading, and wherein the threading is configured to engage threading of a flexible member.

12. The system of claim 8, further comprising:

a ring configured to couple at least one of the threaded members to at least one of the connectors during use; and

wherein at least one of the connectors is configured to frictionally lock the ring.

13. A method of stabilizing vertebrae, comprising:

coupling a first member of a stabilization system to a first vertebra; and

moving a separating member from the first vertebra to a second vertebra through soft tissue to separate the soft tissue substantially on a plane between the first vertebra and the second vertebra without severing the soft tissue.

14. The method of claim 13, wherein the separating member comprises a needle.

15. The method of claim 13, further comprising coupling a second member of the spinal stabilization system to the second vertebra, and providing a coupling mechanism to connect the first member to the second member.

16. The method of claim 15, further comprising forming an opening through soft tissue to allow access to the first vertebra, wherein the opening is less than about 4 cm in length at a surface of the skin.

17. The method of claim 15, further comprising coupling a first flexible member to the first member, coupling a second flexible member to the second member, and guiding the coupling mechanism toward the first member and the second member using the first flexible member and the second flexible member.

18. The method of claim 15, further comprising adjusting a length between connectors of the coupling mechanism.

19. The method of claim 15, further comprising adjusting a length between connectors of the coupling mechanism, and setting the length between the connectors by shearing off a head of a setscrew.

20. The method of claim 15, further comprising positioning the coupling mechanism using a first guide coupled to the first member and a second guide coupled to the second member, and removing the first guide from the first member and the second guide from the second member.

21. A flexible member for a spinal stabilization system, comprising:
a first section comprising a first stiffness;
a second section comprising a second stiffness; and
wherein the stiffness of the second section is greater than the stiffness of the first section.

22. The member of claim 21, wherein the flexible member is configured to engage a threaded member during use.

23. The member of claim 21, wherein stiffness between the first and second sections gradually increases from about the first stiffness to about the second stiffness.

24. The member of claim 23, wherein the flexible member is configured to maintain alignment of the flexible member along a centerline of the threaded member within about 2 cm or less of a head of the threaded member during use.

25. The member of claim 23, wherein the flexible member is configured to maintain alignment of the flexible member along a centerline of the threaded member within about 1.3 cm or less of a head of the threaded member during use.

26. The member of claim 23, wherein the flexible member is configured to maintain alignment of the flexible member along a centerline of the threaded member within about 1 cm or less of a head of the threaded member during use.

27. The member of claim 21, wherein the first section has a first thickness, wherein the second section comprises a second thickness, and wherein the second thickness is greater than about the first thickness.

28. The member of claim 21, wherein the flexible member comprises a cable.

29. The member of claim 21, wherein the flexible member comprises a wire.

30. The member of claim 21, wherein the flexible member is configured to couple to a threaded member to guide components of a spinal stabilization system to a surgical site during use.

31. The member of claim 21, further comprising a threaded member, wherein the flexible member is configured to couple to the threaded member to guide components of the spinal stabilization system to a surgical site during use.

32. A system for stabilizing a spine, comprising:

a first threaded member configured to couple to a first portion of bone during use;

a second threaded member configured to couple to a second portion of bone during use;

a first flexible member configured to couple to the first threaded member; and

a second flexible member configured to couple to the second threaded member during use.

33. The system of claim 32, further comprising a coupling mechanism configured to couple the first threaded member to the second threaded member during use.

34. The system of claim 32, further comprising a coupling mechanism positionable using the first flexible member and the second flexible member during use, and wherein the coupling mechanism is configured to couple the first threaded member to the second threaded member during use.

35. The system of claim 32, further comprising a coupling mechanism comprising:
a first ring configured to engage a portion of the first threaded member during use; and
a second ring configured to engage a portion of the second threaded member during use.

36. The system of claim 32, wherein at least one of the flexible members comprises a cable.

37. The system of claim 32, wherein at least one of the flexible members comprises a variable thickness cable.

38. The system of claim 32, wherein at least one of the flexible members comprises a stopping mechanism.

39. The system of claim 32, further comprising a coupling mechanism comprising:
a first connector configured to engage the first threaded member positioned in bone;
a second connector configured to engage the second threaded member positioned in bone; and
an elongated section configured to couple the first connecting section to the second connecting section.

40. The system of claim 32, further comprising a coupling mechanism comprising at least one connector configured to engage a threaded member during use.

41. The system of claim 32, wherein the first flexible member is positionable through the first threaded member opening in a coupling mechanism during use.

42. The system of claim 32, wherein the first flexible member is positionable through the first threaded member opening in a coupling mechanism during use, and wherein the second flexible member is positionable through a second threaded member opening in the coupling mechanism during use.

43. A bone stabilization system, comprising:

a threaded member comprising one or more protrusions on a head of the threaded member;

a ring configured to engage protrusions on the head of the threaded member during use; and

a coupling mechanism configured to engage the threaded member during use comprising:

an opening through a connector configured to engage the threaded member during use;

a locking mechanism configured to couple the threaded member to the ring during use; and

wherein the system is configured such that interaction of protrusions on the head of the threaded member and the ring inhibits rotation of the threaded member in the bone during use.

44. The system of claim 43, wherein the one or more protrusions comprise one or more teeth.

45. The system of claim 43, wherein an inner surface of the locking mechanism is configured to engage a first tool as the locking mechanism is advanced into the threaded member during use.

46. The system of claim 43, wherein an inner surface of the locking mechanism is configured to engage a first tool as the locking mechanism is advanced into the threaded member during use, and wherein an outer surface of the locking mechanism is configured to be engaged by a second tool as the locking mechanism is tightened during use.

47. The system of claim 43, wherein an inner surface of the locking mechanism is configured to engage a first tool as the locking mechanism is advanced into the threaded member during use, wherein an outer surface of the locking mechanism is configured to be engaged by a second tool

as the locking mechanism is tightened during use, and wherein a portion of the locking mechanism is configured to be removed by the second tool during use.

48. The system of claim 43, wherein the coupling mechanism comprises a plate.

49. The system of claim 43, wherein the coupling mechanism comprises an elongated member.

50. The system of claim 43, wherein the coupling mechanism is adjustable.

51. A ring configured to couple a threaded member to a coupling mechanism during use, comprising:

a first surface configured to engage a wall of the coupling mechanism during use;

a second surface configured to engage a locking mechanism during use; and

a third surface comprising one or more teeth configured to engage a portion of the threaded member during use such that rotational movement of the threaded member in bone during use is inhibited.

52. The ring of claim 51, wherein the first surface comprises titanium.

53. The ring of claim 51, wherein a portion of the wall of the coupling mechanism cuts into the first surface of the ring during use.

54. The ring of claim 51, wherein the ring comprises one or more slots.

55. The ring of claim 51,wherein the ring is substantially "C" shaped.

56. The ring of claim 51,wherein the ring comprises a circular structure with a gap in the circular structure.

57. The ring of claim 51, wherein the second surface is substantially harder than the first surface.

58. The ring of claim 51, wherein the ring inhibits backout of the threaded member from the coupling mechanism during use.

59. The ring of claim 51, wherein the ring is positionable in the threaded member opening between the coupling mechanism and a locking mechanism.

60. The ring of claim 51, wherein the ring comprises titanium.

61. The ring of claim 51, wherein the ring further comprises a gap to allow the ring to expand and contract.

62. The ring of claim 51, wherein the ring comprises a ledge configured to engage a portion of a locking mechanism during use.

63. The ring of claim 51, wherein a wall of the connector is configured to frictionally lock with the ring during use.

64. The ring of claim 51, wherein a wall of the connector is roughened.

65. A method of stabilizing a spine, comprising:

coupling a first threaded member to a first vertebra;

establishing a plane of separated tissue between the first vertebra and a second vertebra; and

coupling a second threaded member to the second vertebra.

66. A method of stabilizing a spine, comprising:

accessing a first portion of the spine through an opening in soft tissue;

coupling a first threaded member of a spinal stabilization system to the first portion of the spine;

establishing a plane of separated tissue between the first portion of the spine and a second portion of the spine;

accessing the second portion of the spine through the plane of separated tissue;

coupling a second threaded member of the spinal stabilization system to the second portion of the spine;

providing a coupling mechanism of the spinal stabilization system to the plane of separated tissue;

coupling a first section of the coupling mechanism to the first portion of the spine; and

coupling a second section of the coupling mechanism to the second portion of the spine.

67. The method of claim 66, further comprising positioning a third member of the spinal stabilization system proximate the first member and the second member.

68. The method of claim 66, further comprising coupling a third threaded member of the spinal stabilization system to the first threaded member and the second threaded members.

69. The method of claim 66, further comprising positioning the coupling mechanism proximate the first vertebra and the second vertebra using a first guide mechanism and a second guide mechanism.

70. A method of stabilizing a spine, comprising:

accessing a portion of the spine through an opening in soft tissue;

coupling a flexible member to a first vertebra in the portion of the spine;

coupling a second flexible member to a second vertebra in the portion of the spine;

positioning a coupling mechanism proximate the first vertebra and the second vertebra using a first guide mechanism and a second guide mechanism;

coupling a first section of the coupling mechanism to the first vertebra; and

coupling a second section of the coupling mechanism to the second vertebra.